

MENTAL HEALTH — PERINATAL DISORDERS

4545. Mr M.P. Murray to the Parliamentary Secretary representing the Minister for Mental Health:

I refer to State Government funding for services to support children and their families affected by perinatal disorders, and I ask:

- (a) how much funding is available;
- (b) what does this funding provide for;
- (c) In which regions/localities are these services based, and who is able to access them; and
- (d) If there is no funding available specifically to support children and families affected by perinatal disorders, how does the public health system provide support to these people?

Ms A.R. Mitchell replied:

- (a)–(c) The Mental Health Commission (MHC) purchases specialised mental health services through the annual Service Agreement with the Department of Health. In 2015/16, the MHC will purchase over \$645 million of specialised mental health services from Area Health Services.

Service Agreement between the Mental Health Commission and the Department of Health

The MHC through a Service Level Agreement (SLA) with North Metropolitan Health Service, allocates \$12 798 600 to the Women and Newborn Health Service (WNHS) for perinatal maternal and infant mental health; women's mental health; and funding for the Sexual Assault Resource Centre (SARC).

The funding provides for the following:

Mother Baby Unit (King Edward Memorial Hospital (KEMH) — \$2 963 649

Non Admitted Services to WNHS and SARC — \$9 641 109

Teaching Training & Research — \$193 842

The services are based at KEMH and offers direct services to women and their families. Further, it provides a Statewide consultation and liaison service for Health Professionals, Health promotion; education; training; and other services including resources for consumers.

In the South Metropolitan Health Service (SMHS), Fiona Stanley Hospital (FSH) receives funding from the MHC for the provision of services for mothers (and babies) who are experiencing perinatal mental health disorders. For purposes of defining the patient cohort for the perinatal period, it is considered to be woman during the time period from conception to 12 months post-delivery of a baby. The total funding from the MHC SLA for 2015/16 for this service is outlined below:

FSH Total Funding Available — Perinatal	Annual Estimated Amount — 2015/16
Outpatients	\$424 656
Inpatients	\$1 797 231
TOTAL	\$2 221 887

FSH is currently funded to provide outpatient clinics led by a Psychiatrist, Clinical Nurse Specialist and Clinical Psychologist totalling 37 occasions of services per week to mothers who have been discharged from the Mother and Baby Mental Health Unit to provide support and treatment whilst being referred to community based and General Practitioner (GP) services for continuing care and treatment. Mothers who are not inpatients but may require urgent review and assessment can also access the outpatient clinics via self, GP or other referral.

FSH also provides an inpatient service for mothers and their babies who require specialist assessment, treatment and management of women who present with an acute perinatal mental health condition.

FSH Mental Health Service provides eight (8) inpatient beds and outpatient clinics for consumers from the SMHS catchment area. Patients from the country regions are shared between KEMH and FSH Mother and Baby Units (MBUs). However, FSH MBU also accepts patients from NMHS should there be no available inpatient bed at the KEMH MBU.

The MHC also provides funding to Non-Government Organisations (NGOs) for the delivery of specialised mental health services. In 2015/16, the MHC will provide \$850 000 to NGOs for perinatal services.

National Perinatal Depression Initiative

In addition to the base funding provided to Health Services and NGOs, additional funding is provided through the National Perinatal Depression Initiative (NPDI). In 2014/15 and 2015/16, the MHC provided a total of approximately \$1.4 million through the NPDI.

Through the NPDI, the MHC provided KEMH with \$45 000 in 2014/15 to deliver the Edinburgh Postnatal Depression Scale (EPDS) “Train the Trainer” training to 14 trainers in metropolitan and regionally areas. \$29 992 was also provided to KEMH to develop a group treatment program for postnatal women with depressive and anxiety disorders.

Through the NPDI, the MHC provided \$38 075 to develop a new purpose-designed database to collect perinatal and neonatal data in preparation for the start of the new Mother and Baby Unit at Fiona Stanley Hospital.

A non-recurrent grant of \$33 100 during the 2014/15 financial year was provided by the MHC to the Child and Adolescent Health Service (CAHS), Child and Adolescent Mental Health Service (CAMHS) under the NPDI. CAMHS has used the funding to modify the existing crèche service into a supervised Circle of Security crèche, and develop referral pathways, clinical tools, and evaluation and outcome measures for infants aged zero to five (5) years participating in parent-infant therapy or the group. The service is based in the Clarkson area. It is available to clients aged zero to five (5) years of CAHS, Child Development Services and Child Protection and Family Support Services.

Further through the NPDI, the MHC provided \$150 000 to CAHS to develop new training material for perinatal and infant mental health. Training is to be delivered by (CAMHS) for a minimum of three years commencing January 2016.

The WA Country Health Service (WACHS) Goldfields has received a non-recurrent grant of \$50 000 in the 2015/16 financial year provided by MHC under the NPDI funding. The funding has supported the employment of a 0.5 full time equivalent (FTE) position to establish a Goldfields region wide consultation and liaison service for Health Professionals, health promotion, education, training and other services including resources for consumers. Clinically the Babe Ease therapeutic support group is delivered each school term within Kalgoorlie. The service is based at Kalgoorlie and all health professionals in the Goldfields region can access the service.

Through the NPDI, the MHC also provided \$27 809 to WACHS for the Great Southern Population Health — Bouncing Back program. Bouncing Back is a 9 week intervention group for the treatment and prevention of postnatal depression (PND), anxiety and stress. The program targets women with or at risk of PND and their families and is delivered in the Lower Great Southern region.

Non-Government Organisations (NGOs)

Through the NPDI, the MHC provided \$208 000 in 2015/16 to St John of God (SJOG) Healthcare for Aboriginal ‘Circle of Security’ development outreach services, to develop a DVD, for health professionals and Aboriginal health workers addressing parental and child attachment issues in Aboriginal families.

In 2014/15, through the NPDI, the MHC funded the SJOG Raphael Centre in Subiaco \$41 160 for the development of a group therapeutic program to improve mental and behavioural health for multiple birth families in the Perth metropolitan area, and \$36 002 to develop and pilot a 6 week Circle of Security informed program to CaLD and refugee women at high risk of depression and infant relationship difficulties.

Through the NPDI, the MHC provided a further \$484 806 to NGOs for a range of services to support children and their families affected by perinatal disorders.

(d) Not applicable